
RESULTS OF THE AUTOLOGOUS MESENCHYMAL STEM CELL TRANSPLANTATION IN PATIENTS WITH TYPE 1 DIABETES MELLITUS

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**Keywords: Autologous bone-marrow derived stem cells, Type1diabetes mellitus, Glycated hemo-
globin**

Introduction: Type 1diabetes mellitus (T1DM) remains one of the main public healthcare problems worldwide with a tendency to steady growth. T1DM leads to kidney failure, blindness, heart attacks and strokes, which account for high rates of morbidity and mortality among patients with T1DM. A replacement of beta cells is the goal of therapy for T1DM. Recent clinical studies have shown a promising stem cell role in the treatment of T1DM. We evaluated the therapeutic effect of autologous mesenchymal stem cell transplantation (AMSCT) on carbohydrate metabolism markers in T1DM patients.

Methods: We examined 7 patients (5 male, 2female, aged 20-42) with T1DM, who underwent AMSCT (cells were obtained from the patients' iliac crest and cultivated for 3-4 weeks) by intravenous infusion. The quantity of autologous mesenchymal stem cells infused was from 95 to 97×10^6 . We analyzed the daily insulin dosages, glycated hemoglobin (HbA1c), glutamic acid decarboxylase (GAD) antibody and Langerhans antibody levels in patients before, 1, 2and 3 months after the AMSCT procedure.

Results: In patients with T1DM, AMSCT led to decrease in daily insulin dosage levels from $58,81 \pm 13,71$ Units to $47,5 \pm 12,7$ Units ($p=0,04$) with trend to increase leptin levels and decrease HbA1c levels, from $7,73 + 3.5$ ng/ml to $16,9 \pm 8,31$ ng/ml ($p= 0,046$) and $9,59 \pm 1,73\%$ to $8,65 \pm 0,93 \%$ ($p = 0,092$) after 1month, respectively. GAD antibody and Langerhans antibody levels didn't change significantly after AMSCT: from $10,79 + 4,52$ IU/ml to $12,33 \pm 3,81$ IU/ml ($p > 0,05$) and $14,12 + 4,26$ IU/mL to $18,17 + 9,03$ IU/mL ($p=0,485$) after 3 months, respectively.

Conclusions: The AMSCT led to decrease of the daily insulin dosage levels with increase of the leptin levels after 1month without increasing of the GAD and Langerhans antibody levels within 3 months in patients with T1DM.